

May 22, 2008

WFMCC Weekly

What's for Dinner?

"Therefore I tell you, do not worry about your life, what you will eat or what you will drink, or about your body, what you will wear. Is not life more than food, and the body more than clothing? Look at the birds of the air; they neither sow nor reap nor gather into barns, and yet your heavenly Parent feeds them. Are you not of more value than they? And can any of you by worrying add a single hour to your span of life?" Matthew 6:25-26



Dear Friends,

I love the above scripture verses. It is probably one of the most well known and yet least regarded instructions of Jesus. Do not worry!?!? Are you kidding? How can we not worry when there is so much turmoil going on in the world and so much

uncertainty in our own lives. The thing about worry that I've noticed is that when we worry we tend to withhold. We withhold ourselves from others, spending time instead alone in a bubble of ulcer-producing anxiety. We withhold our gifts, thinking we need to keep them for ourselves. It's a common, and completely understandable reaction--from the world's point of view anyway. But Jesus tells us not to worry, reminds us that worry can't add a single hour to our span of life. Indeed, research shows that worrying can actually deduct hours from our lives, literally shortening our life span. (I know, you're thinking, "Oh great, now I've got something else to worry about---a shorter life.") Yet, in the words of Bobby McFerrin, "don't worry; be happy."

Easier said than done, I know, but this Sunday we'll be taking a look at a magical recipe that can be an antidote to worry if we let it. I hope you attend worship this Sunday and find out what it is. One thing I know for sure---we have all the fixin's for it right here at WFMCC! So come find out for yourself. I promise you'll be glad you did!

Until then-
Blessings and Peace,

Nori

In This Issue:	1. California rules in favor of same-sex marriage!
1. Praise Band to Play This Sunday!	With last week's CA Supreme Court ruling coming down in favor of same sex marriages, many couples are planning on traveling there for a legal wedding. The Dallas Morning News is doing an article on that and wants to interview any Texas couples who are planning on taking the plunge. If that is you, and you are open to be interviewed, please call Rev. Jim Birkett at MCC HQ and leave a message with your names and contact info at 310-625-4177.
2. Update from Pastoral Search Team!	
3. June BOT Meeting	
4. MCC Mother seeks help	
5. Break the Barrier Update	
6. Thanksgivings and Prayer Requests	2. Update from Pastoral Search Team. The Pastoral Search Team has debuted the DVD which will be sent to

7. May Birthdays

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If your birthday is in May and isn't listed here, please give me info at

nrost@wichitafallsmcc.org

5/3 Amanda Stinnett

5/7 Willa Goldberg

5/8 Ann Ray

5/13 Lamont Leggett

5/14 Mandi Irwin

5/15 Bee Smith

5/16 Kristy Collins

5/22 Julia Carr

5/22 Ronda Hall

5/22 Pam French

5/23 Roy Locke

5/23 Sandra George

5/24 Mary Hosch

5/30 Lisa Goldberg

prospective candidates for the position of Senior Pastor for WFMCC. They are currently working with Rev. Elder Lillie Brock to put together a list of people who would be potentially a good fit for our church. They will then send out a letter of invitation to these clergy, along with the DVD. These are exciting times at WFMCC. The Pastoral Search Team is an active committee meeting weekly to seek the pastor God is calling to Wichita Falls MCC.

3. BOT Meeting around the corner!

The next Board of Trustees meeting will be held on Sunday, June 8th, immediately following the worship service. Feel free to attend and participate as the Trustees conduct the business of the church.

4. MCC Mother seeks assistance for gay son!

As you know, in addition to my duties here at TaFa MCC, I am also doing educational work and supply preaching at MCC of the Rockies in Denver, CO. Last week I mentioned I also served here and after the service a woman introduced herself and said she had a 21 year old son in Decatur, TX who is just coming out as gay. He wants to get away from that small community to feel safer as he does. Here is what his mom said:
He is 21 and a Christian that has just recently decided he wants to come out, but can't do that in Decatur where all his school friends reside. Can you please ask your MCC community in Wichita Falls if anyone would be interested in opening their doors to him and helping his journey begin at MCC in Wichita Falls. He is a very hard worker and has been working since the age of 14. He will need a place to stay and a job, but if he finds a place to live he should have no problem finding employment. I can even assist with that on this end.

Please help a young man find his way.

If you would like to help this young man, please contact me at revrost@aol.com or nrost@wichitafallsmcc.org

5. Break the Barrier Update

Many thanks to everyone who has been contributing to our Break the Barrier Fund. Our current total is now \$5630! These funds are set aside each month to fund our dream of hiring a full-time director of music and worship. With the continued faithfulness and generosity of the WFMCC community, we can be assured that we will be able to make this dream come true.

We will taking up the next Break the Barrier offering Sunday, June 15, 2008. Please give as you feel God directing.

6. Thanksgivings and Prayer Requests

Add your Thanksgivings and Prayers Requests to the Prayer Book in the foyer at church or email them to nrost@wichitafallsmcc.org

Thanksgivings for... a new car! the end of the school year, new possibilities
Prayers for... Prayers for Brian, Trish and Lee Ann and Betty for healing!
And Prayers for Joyce Pam's sister... continued prayers of healing for Camilla Cantano, and strength for Martha and Kathy.

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