

November 6, 2008

## WFMCC Weekly Attitude of Gratitude!



And we know that in all things God works for the good of those who love him, who have been called according to his purpose.

...Romans 8:28

Dear Friends

The last couple of weeks have been a roller coaster ride for us as a congregation. There have been highs and lows, but through it all our faith and spirit continue to shine. Last Sunday, our pastoral candidate, Rev Teresa Mallott shared with us her desire to step away from the candidating process for a time for personal reasons. Our congregation showed its heart again, as we accepted Teresa's request with compassion and understanding. Join us Sunday as we continue to delve into the scriptures as Rev Mary Cantrell brings us God's word.

This from Pastor Mary.....

*"If the only prayer you ever say in your entire life is thank you, it will be enough."  
Meister Eckhart*

*Gratitude is the most passionate transformative force in the world. When we offer thanks to God or others we find renewal, reflection, and reconnection. Gratitude bestows reverence, allowing us to have epiphanies, transcendent moments that change our lives, and it's a way to hold us together even as we're falling apart. It's easy to be grateful when life is good....money in the bank, romance flowing, and you and yours are healthy, but when you don't know how the bills will get paid, or he/she doesn't love you back, or you're reeling from a devastating diagnosis, thank*

*you is usually not the first phrase that comes to mind! It's hard to feel thankful when our hearts are broken and our dreams are dashed. Scripture instructs us though to "give thanks in all circumstances" -- it doesn't say you have to smile when you say it though! When you say thank you in your despair, that is a step in the direction of trust. So for today, write down three things, ever how simple they are, that you can be thankful for....because every time we remember to say thank you we experience nothing less than Heaven on earth. Pastor Mary*

#### **In This Issue:**

- 1. No Day But Today**
- 2. Deck the Halls**
- 3. Christmas Cantata**
- 4. Thanksgivings and Prayer Requests**
- 5. November Birthdays**

#### **1. No Day But Today**

WFMCC's HIV/AIDS Ministry - No Day But Today will be meeting November 16th at 2 p.m. here at the church. There will be discussion on upcoming changes and planning events for the next year of 2009. Everyone is welcome to attend and refreshments will be provided!

#### **2. Deck the Halls**

Join us Saturday, December 6 as we get together to decorate the sanctuary. The festivities begin at 6:30, and there will be lots of fellowship as well as hot chocolate and goodies.

#### **5. November Birthdays**

*If your birthday is in November and isn't listed here, please send the info to me at*

[racketwarrior@sbcglobal.net](mailto:racketwarrior@sbcglobal.net)

Neil Goerz 11/1  
Wendi Mull 11/10  
Georgeana Latham 11/20  
Debby Johnson 11/23  
Laura Nix 11/23  
Jessica Walker 11/25

#### **3. Christmas Cantata**

Mark your calendars for December 14 at 6:30 pm. That's the date for this year's Christmas Cantata. So make plans to be here and be inspired by our wonderful Voices In Praise choir, as they sing in the Christmas season.

#### **4. Thanksgivings and Prayer Requests**

Add your Thanksgivings and Prayers Requests to the Prayer Book in the foyer at church or email them to [racketwarrior@sbcglobal.net](mailto:racketwarrior@sbcglobal.net) .

Thanksgivings for... Joy and peace, health and life; Jeff life; the

congregation's prayers for my boys and myself; successful surgery for Cookie.

Prayers for ... voting; family and friends; Vesta's brother's brain surgery; Jessica's mom's health; Cookie's mom; Margaret Scales; our country.

**Wichita Falls MCC**

1401 Travis Street

Wichita Falls, TX 76301

(940) 322-4100

[www.wichitafallsmcc.org](http://www.wichitafallsmcc.org)

[racketwarrior@sbcglobal.net](mailto:racketwarrior@sbcglobal.net)

**[Forward email](#)**



This email was sent to [pastormel@wichitafallsmcc.org](mailto:pastormel@wichitafallsmcc.org) by [racketwarrior@sbcglobal.net](mailto:racketwarrior@sbcglobal.net) | [Update Profile/Email Address](#) | Rapid removal with [SafeUnsubscribe™](#) | [Privacy Policy](#).



*Try it FREE today.*

Wichita Falls Metropolitan Community Church | 1401 Travis Street | Wichita Falls | TX | 76301